

Finisher Certificate

Shannon Ford

Completed the 5K at the Cardio 5K in

26:24.8



Center Against Rape
and Domestic Violence

May 11, 2024

Overall: 19/214

Div Place: 4/22

Sex Place: 9/200

Bib No: 73

Division: F40-44

Pace: 8:31.0

Results by Eclectic Edge Racing