

Finisher Certificate

Lisa Howe

Completed the 5K at the COCC Turkey Trot in

46:16.8



November 15, 2025

Overall: 134/170

Bib No: 484

Div Place: 4/6

Division: F60-69

Sex Place: 76/117

Pace: 14:54.0

Results by Eclectic Edge Racing