

Finisher Certificate

Nanosh Lucas

Completed the 5K at the Frozen Trail Runfest in

49:51.0



December 9, 2023

Overall: 51/59

Bib No: 467

Div Place: 2/2

Division: M45-49

Sex Place: 31/34

Pace: 16:03.0

Results by Eclectic Edge Racing