

Finisher Certificate

Karisa Thede

Completed the 5K at the Silver Falls Trail Runs in

34:01.7



October 31, 2025

Overall: 43/221

Bib No: 2896

Div Place: 1/8

Division: F60-64

Sex Place: 9/142

Pace: 10:58.0

Results by Eclectic Edge Racing