

# Finisher Certificate

## John Gard

Completed the 5K at the Frozen Trail Runfest in

# 22:24.4



**December 13, 2025**

Overall: 1/53

Bib No: 242

Div Place: 1/3

Division: M30-34

Sex Place: 1/31

Pace: 7:13.0

Results by Eclectic Edge Racing