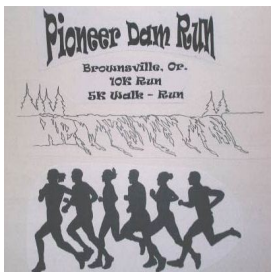


# Finisher Certificate

## Lisa Helms

Completed the 5K at the Pioneer Dam Run in

### 28:32.2



**June 23, 2024**

Overall: 14/40

Div Place: 1/5

Sex Place: 5/26

Bib No: 119

Division: F40-49

Pace: 9:12.0

Results by Eclectic Edge Racing