

Finisher Certificate

Lisa Helms

Completed the 5K at the Pioneer Dam Run in

28:32.2



June 23, 2024

Overall: **14/40**

Bib No: **119**

Div Place: **1/5**

Division: **F40-49**

Sex Place: **5/26**

Pace: **9:12.0**

Results by Eclectic Edge Racing