

Finisher Certificate

Helena Yandow

Completed the 5K at the Bridgeway Run For Recovery in

1:00:15.3



September 28, 2025

Overall: 85/110

Bib No: 1181

Div Place: 7/10

Division: F35-39

Sex Place: 56/89

Pace: 19:24.0

Results by Eclectic Edge Racing